



Deformation (mm)

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400 N	- RES.	Testdato
mm	mm	
37.53	31.82	29.01.08

Swix Racing Service

Wax Recommendation

Event

Payette Lakes Ski Marathon - February 20, 2010

Forecast

Friday Night: Mostly cloudy, with a low around 17F.
Saturday: Partly sunny, with a high near 33F.
Expect 19F at classic start and 23F at skate start times.

Structure

Classic: Linear .4mm
Skate: linear .4mm tip & broken pattern.3mm tails
*Apply after glide waxing is complete. Structure is always best applied the morning of the race after inspecting snow conditions.

Glide Wax

Base layer prep (pre race glide wax): LF6 iron, cool, scrape & brush - (important step for abrasive snow)
Race Glide Wax Premium: HF7BW. Iron, scrape & brush first with Medium Bronze(T162) followed by Blue Nylon (T160)
Race Glide Wax Economy: LF7. Iron, scrape & brush
Top Layer: Apply FC78 Super Cera-F -OR- FC7WS (UniTurbo) / FC1Turbo (older version of turbo)
see Swix Wax Manual or check out www.swixschool.no for proper application of flouro top coats

Kick Wax

REVISED: We got the word from the bad streets of McCall that the snow is transformed and rock hard in the morning hours.
We expect this to be full klister conditions.....

Klister Binder layer: KR20 Klister - apply with iron thin & smooth; let cool.

Klister Layers: Apply layer of KR40 + Layer of KR50, this should be ironed just like the binder.

WARNING: BRING YOUR FULL WAX KIT: HARD WAX AND KLISTER!
- Eric Jensen, SWIX RACING SERVICE