



Membership Form

501(c)3 Non-Profit Cross Country Ski Club for Track Skiers

This membership is for club year 2008/2009. Expires July 4, 2009.

Club Benefits are posted on www.idahonordic.com

Fees: [ ] Individual \$40 / [ ] Couple \$75 / [ ] Family \$100

Payment: Make checks payable to IDAHO NORDIC

Mail your check, both pages of this signed form to:

IDAHO NORDIC
P.O. Box 170305
Boise, ID 83717-0305

Questions: info@idahonordic.com

Name: \_\_\_\_\_ e-mail: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Couple or Family Spouse Name: \_\_\_\_\_

Children Names & Ages: \_\_\_\_\_

I wish to receive e-mail updates of upcoming club events and activities. [ ] YES [ ] NO

I wish to publish my personal contact information in the club directory. [ ] YES [ ] NO

How did you hear about IDAHO NORDIC? \_\_\_\_\_

Check skiing level(s)..... this will help IDAHO NORDIC better serve our members:

- [ ] recreational skate skiing - beginner
[ ] recreational skate skiing - intermediate
[ ] recreational skate skiing - advanced
[ ] recreational classic skiing - beginner
[ ] recreational classic skiing - intermediate
[ ] recreational classic skiing - advanced
[ ] average citizen racer wanting to improve
[ ] master racer 30-40
[ ] master racer 40-50
[ ] master racer 50-60
[ ] master racer 60+
[ ] elite racer

Check interests in IDAHO NORDIC:

- [ ] improve fitness and ski better
[ ] on-snow technique clinics
[ ] waxing & ski care clinics
[ ] advocate for improving local groomed trails
[ ] socializing with nordic people
[ ] find other recreational skiers to ski with
[ ] volunteer to help club / I can help: \_\_\_\_\_
[ ] master's race/training program
[ ] on-snow training group sessions
[ ] dry-land training group sessions
[ ] women's only training group
[ ] women's only on-snow clinics

Total amount enclosed:

Dues \$ \_\_\_\_\_ + Contribution \$ \_\_\_\_\_ = Total \$ \_\_\_\_\_

Idaho Nordic is a non-profit 501(c)3 Organization. All Contributions are tax deductible.

**IDAHO NORDIC, INC.**  
**ASSUMPTION OF RISK, WAIVER, RELEASE OF LIABILITY, AND INDEMNIFICATION**  
**AGREEMENT**

WHEREAS, the undersigned and/or the below-named minor(s) desires to participate in sporting and/or recreational activities (hereinafter "Activities"), including but not limited to: Cross-country skiing, trail running, hiking, roller skiing and biking, sponsored, coordinated, organized and/or assisted by the Idaho Nordic, Inc, its members, agents, partners, employees, representatives, officers, directors or affiliates (hereinafter "Its Representatives"); and

WHEREAS, the undersigned acknowledges and understands that the Activities in which I or the below-named minor(s) will participate carry certain inherent risks and dangers of accident, serious personal injury and/or death; that there are certain natural and human-made obstacles and hazards as well as surface and environmental conditions which may create additional risks; that transportation to and from any sporting and/or recreational activity sponsored, coordinated, organized and/or participated in by Idaho Nordic, Inc., or its Representatives creates and has other additional risks associated therewith; and that neither Idaho Nordic, Inc., or its Representatives can control these risks. I further certify and acknowledge that Idaho Nordic, Inc., or its Representatives assisting or participating in any Idaho Nordic, Inc. activity does so solely as a matter of convenience to accomplish Idaho Nordic, Inc.'s common purpose of enjoying various Activities, and I do not expect or assume that Idaho Nordic, Inc., or its Representatives to meet any particular standard of expertise or ability. I acknowledge, agree, and assume all risk whatsoever of personal injury, death or property damage which I or the below-named minor(s) may incur, as a result of, in connection with, arising out of, on account of, or growing out of Activities engaged in by myself and/or the below-named minor(s) which are sponsored, coordinated, organized, and/or assisted by Idaho Nordic, Inc., or its Representatives, including travel to and from said activities, except in the case of willful or intentional misconduct of Idaho Nordic, Inc., or its Representatives.

FURTHER AND BY WAY OF INDEMNITY, the undersigned hereby expressly understands and agrees, on behalf of myself and/or the below named minor(s) to indemnify and hold harmless Idaho Nordic, Inc., or its Representatives against any and all claims, liability, actions, causes of action, demands, rights, damages costs, expenses and compensation whatsoever incurred by Idaho Nordic, Inc., or its Representatives, as a result of any accident or injury which I and/or the below named minor(s) may incur or have, as a result of, on account of, growing out of, or arising from, the undersigned's and/or the below-named minor(s) participation in Activities sponsored, conducted, organized and/or assisted by Idaho Nordic, Inc. or its Representatives, including travel to and from said activities, except in the case of the willful or intentional misconduct of Idaho Nordic, Inc. or its Representatives.

I ACKNOWLEDGE THAT I HAVE CAREFULLY READ THIS "ASSUMPTION OF RISK, WAIVER AND RELEASE OF LIABILITY AND INDEMNIFICATION AGREEMENT" AND UNDERSTAND ITS CONTENTS. I AM SIGNING THIS RELEASE VOLUNTARILY OF MY OWN FREE WILL IN ORDER TO ALLOW MYSELF AND/OR THE BELOW SIGNED MINOR(S) TO PARTICIPATE IN ACTIVITIES SPONSORED, COORDINATED, ORGANIZED AND/OR ASSISTED BY IDAHO NORDIC, INC. OR ITS REPRESENTATIVES AND I UNDERSTAND THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND IDAHO NORDIC, INC. I FURTHER ACKNOWLEDGE THAT I HAVE A RIGHT TO HAVE THIS RELEASE REVIEWED BY AN ATTORNEY PRIOR TO SIGNING.

_____ Signature of Applicant	_____ Printed Name of Applicant	_____ Date
_____ Signature of Applicant	_____ Printed Name of Applicant	_____ Date

I agree that I am solely responsible for the safety of the below-named minor(s) while he/she participates in any aspect of Idaho Nordic, Inc. Activities. If the below-named minor(s) are injured or suffer a loss in an Idaho Nordic Inc., Activity, I will reimburse Idaho Nordic, Inc. or its Representatives who are held liable for any injury or loss sustained by the below-named minor(s). I also assume sole responsibility for determining whether the below-named minor(s) are competent or physically fit to participate in any Idaho Nordic, Inc. Activity.

_____ Signature of Parent/Guardian	_____ Printed Name of Minor	_____ Date
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